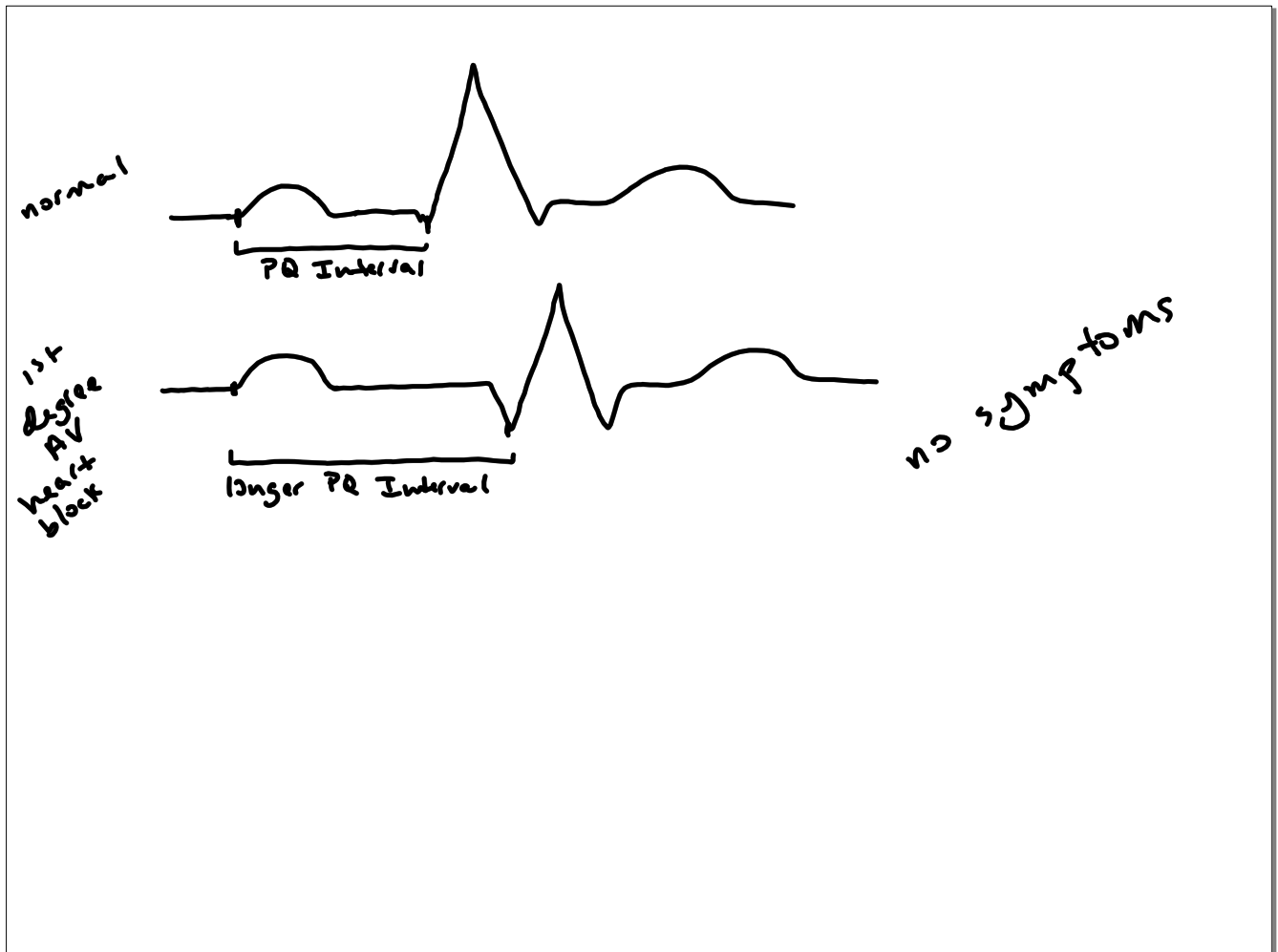


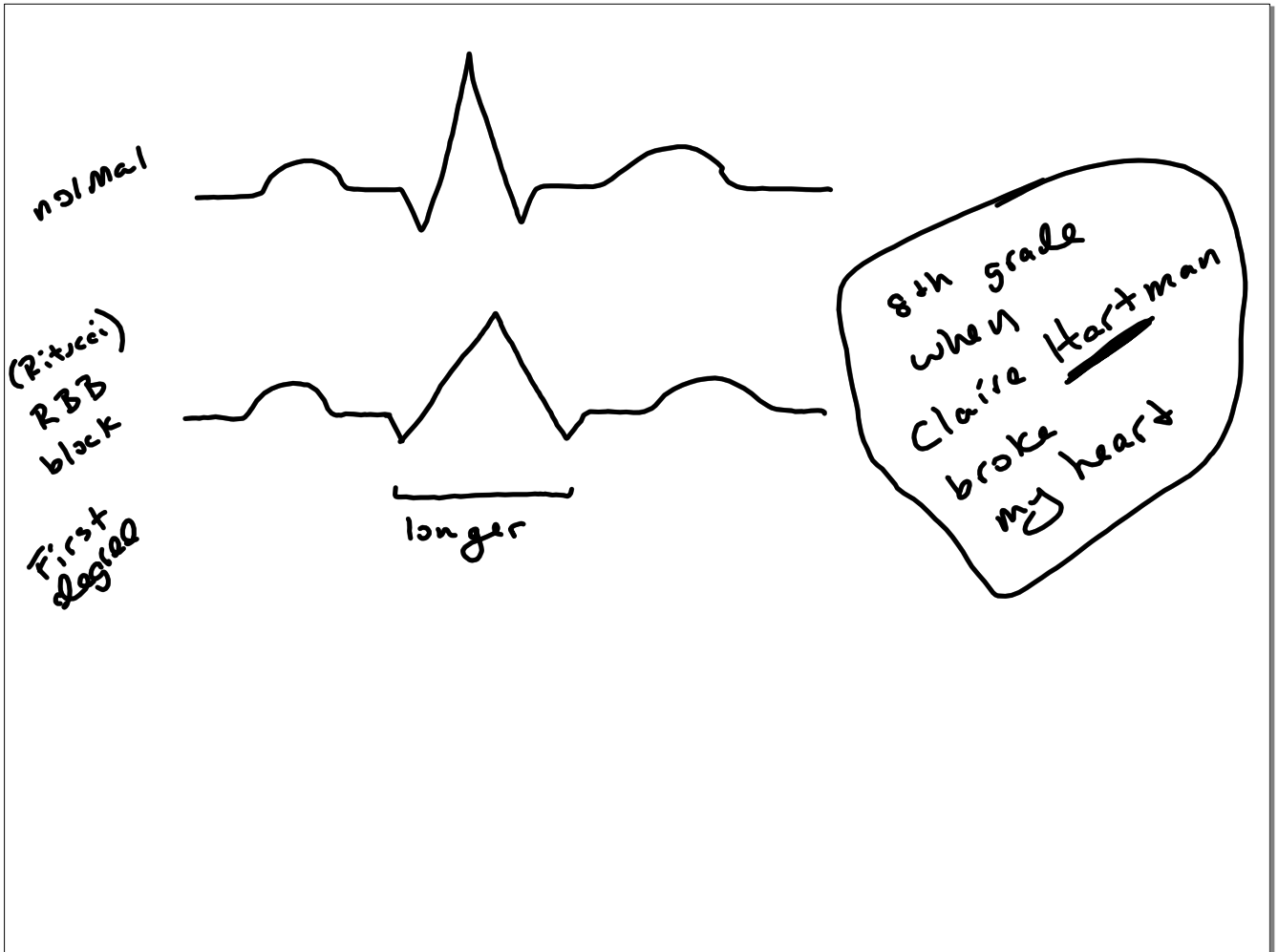
P wave: dep of atria

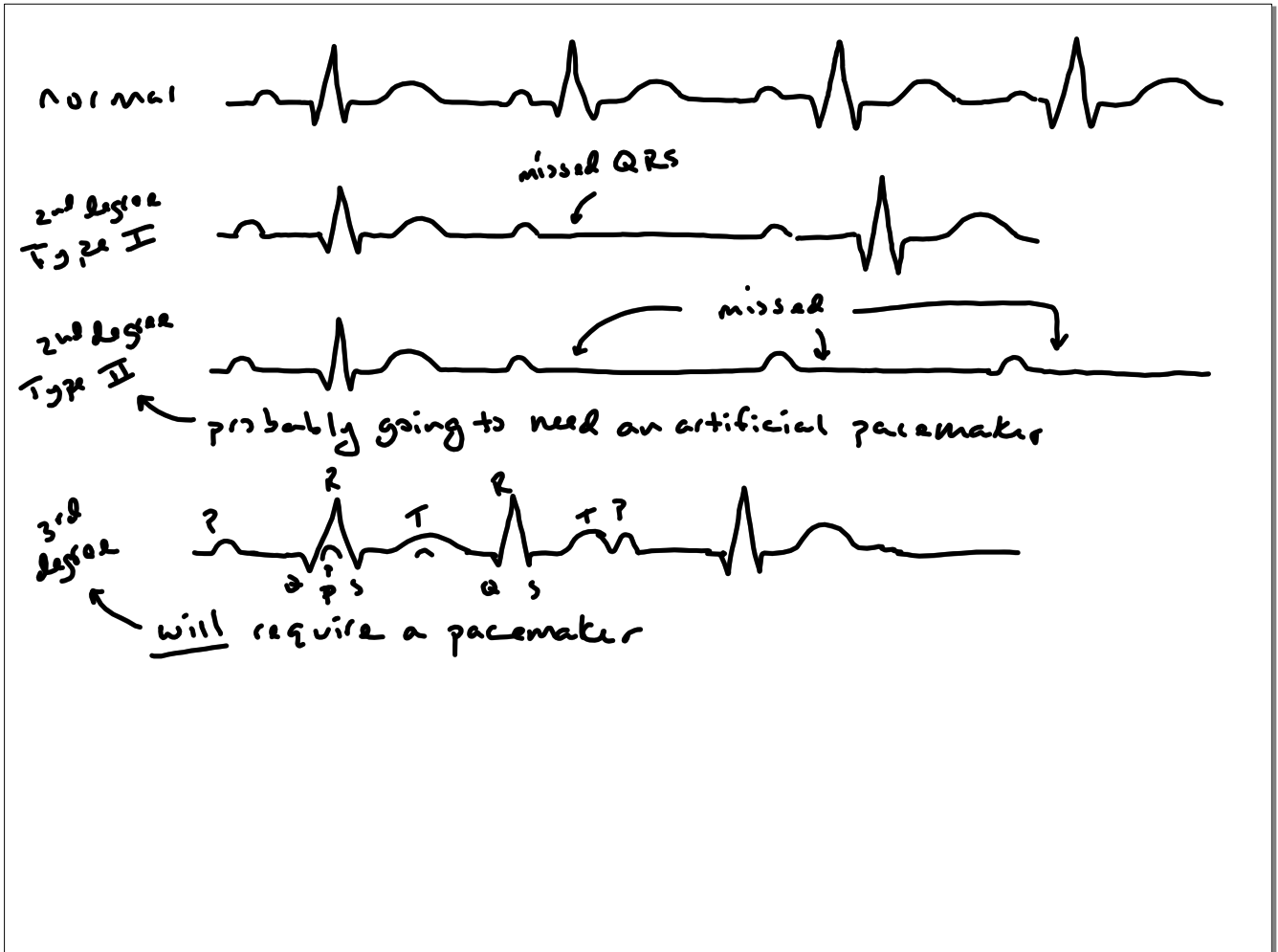
QRS : dep of ventricle,

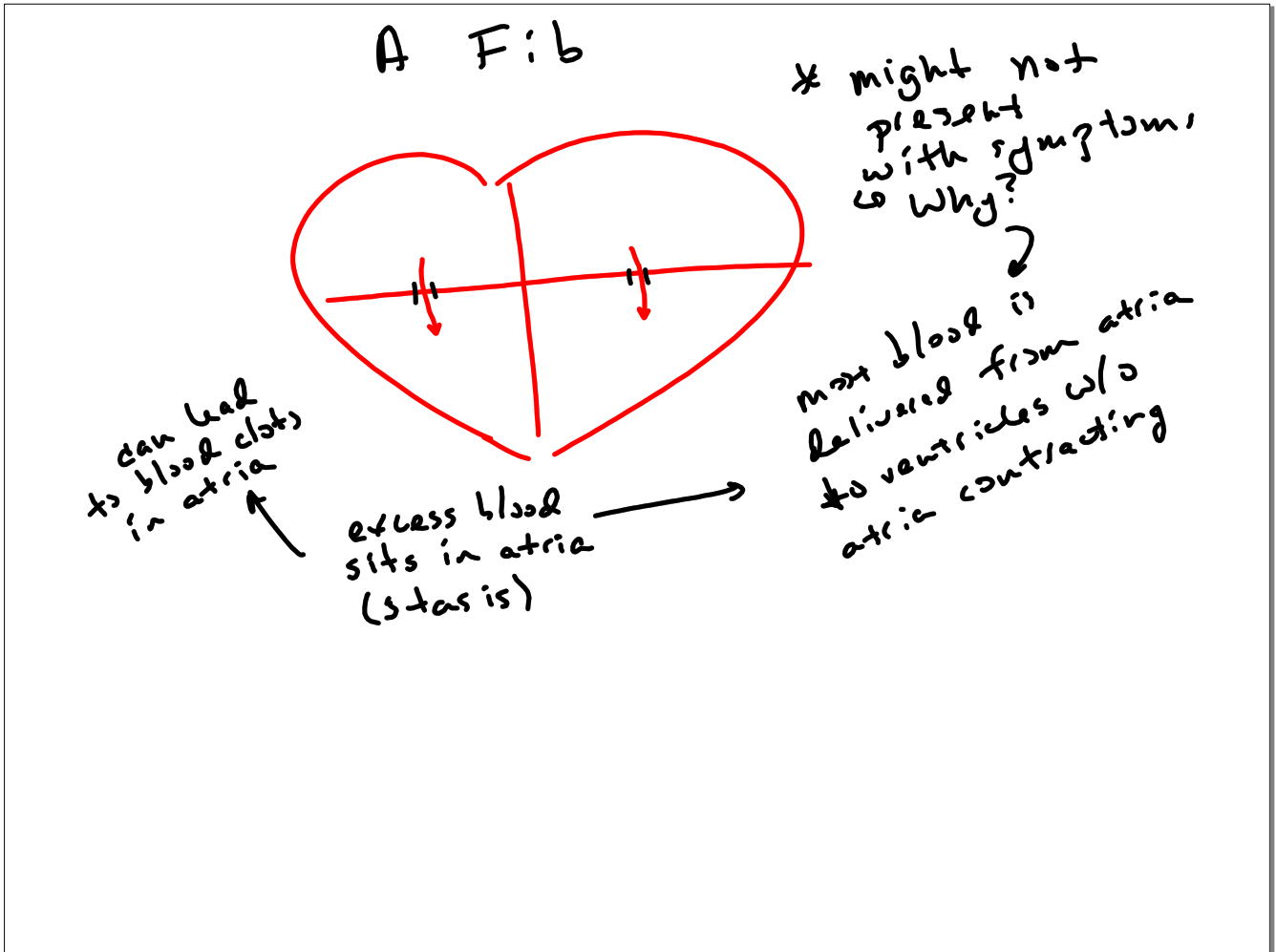
T wave : rep of ventricle)

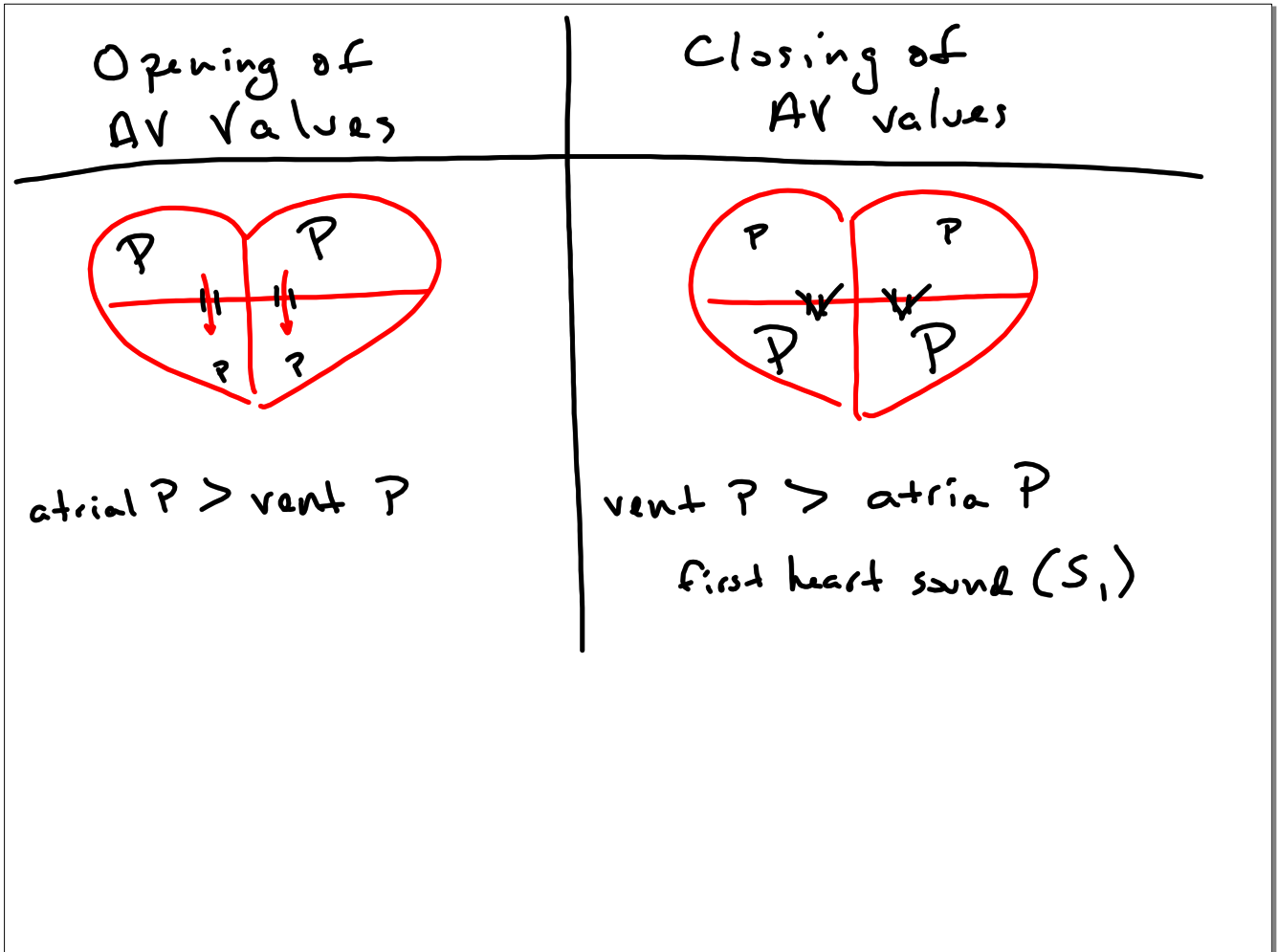
PQ interval: time it takes AP's to conduct through the CCS



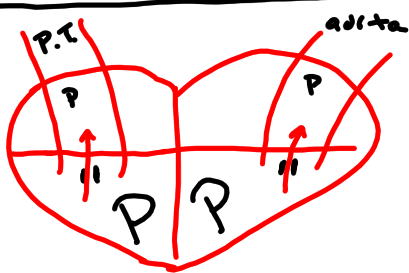






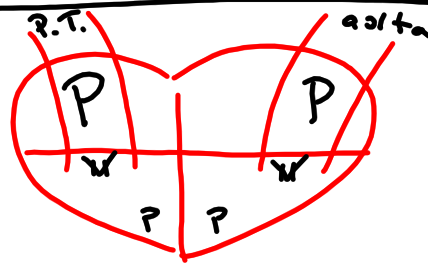


### Opening of Semilunar Valves

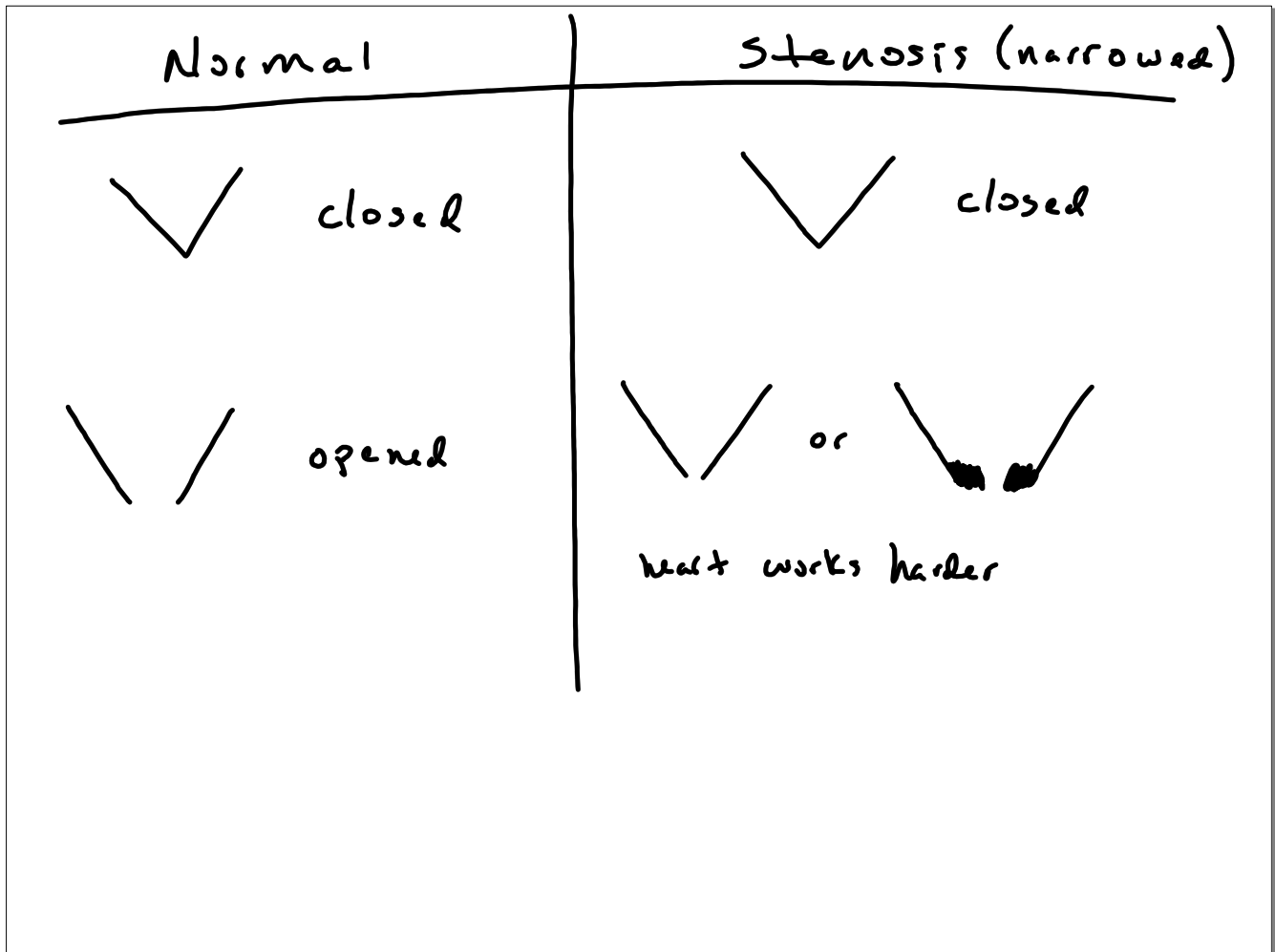


vent P > Great Artery P


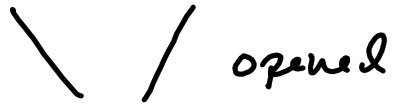

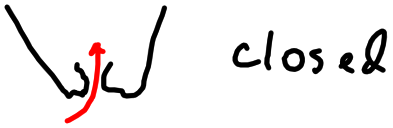
### Closing of Semilunar Valves



Great Artery P > vent P  
second heart sound (S<sub>2</sub>)





Normal	Ins / Reg (impaired closing)
	
	 <p data-bbox="852 1102 1242 1165">heart works harder</p>

\* Cardiac Cycle

Isovolumic Contraction

Period of Eject

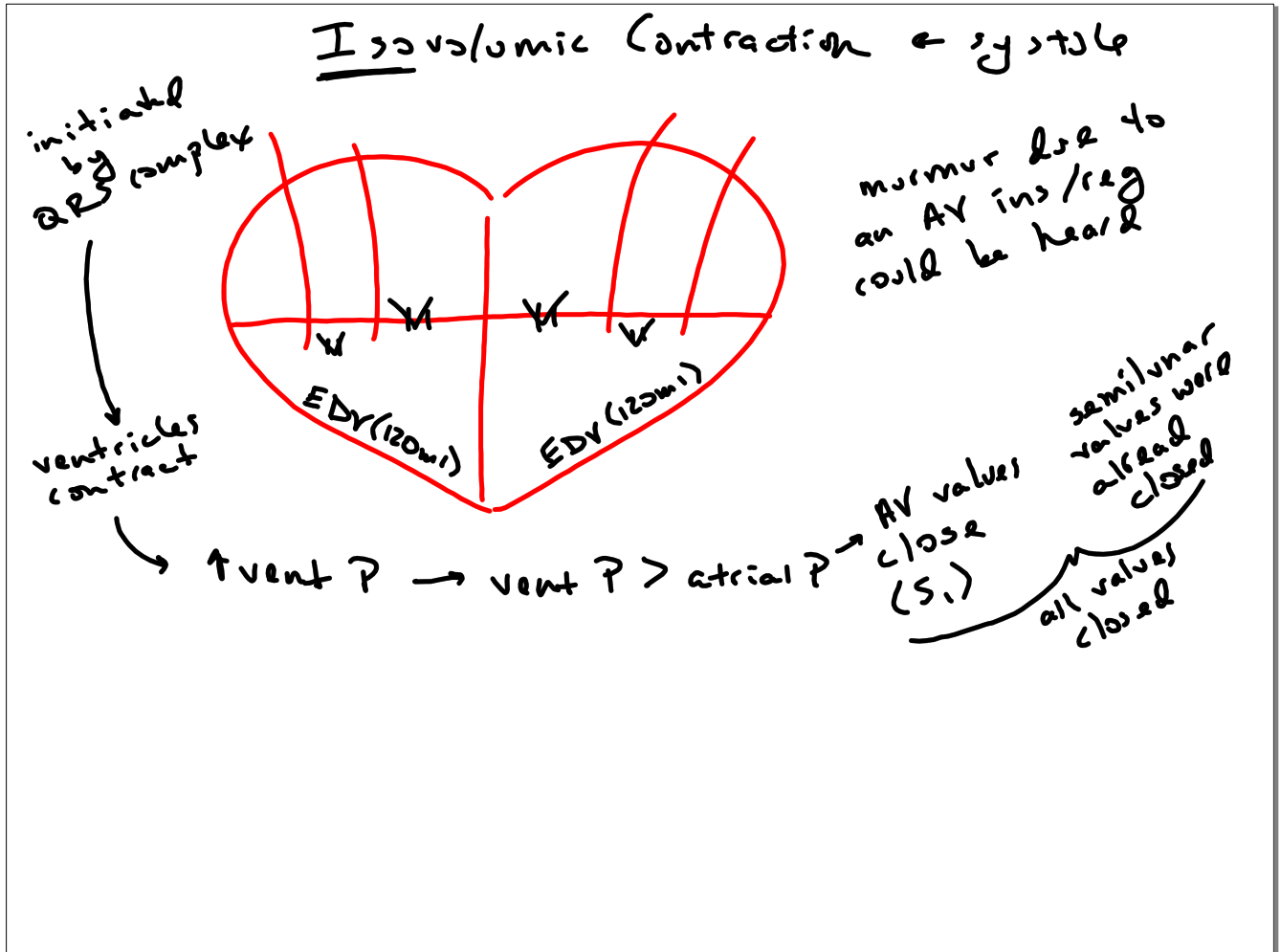
} systolic

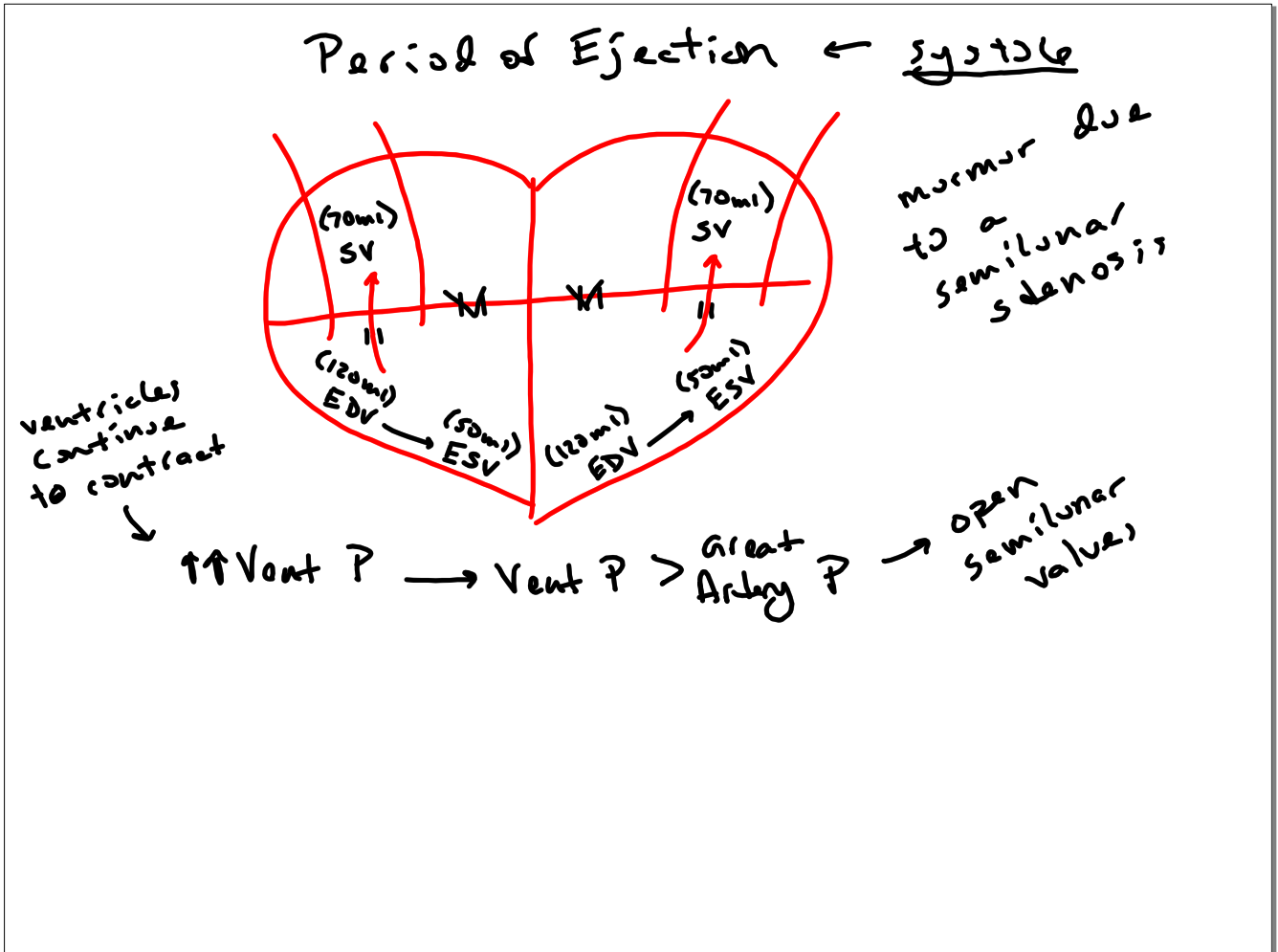
Isovolumic Relaxation

Passive Ventricular Filling

Active Ventricular Filling

} diastolic





$$ESV = EDV - SV$$

$$SV = EDV - ESV$$

$$EDV = ESV + SV$$

---

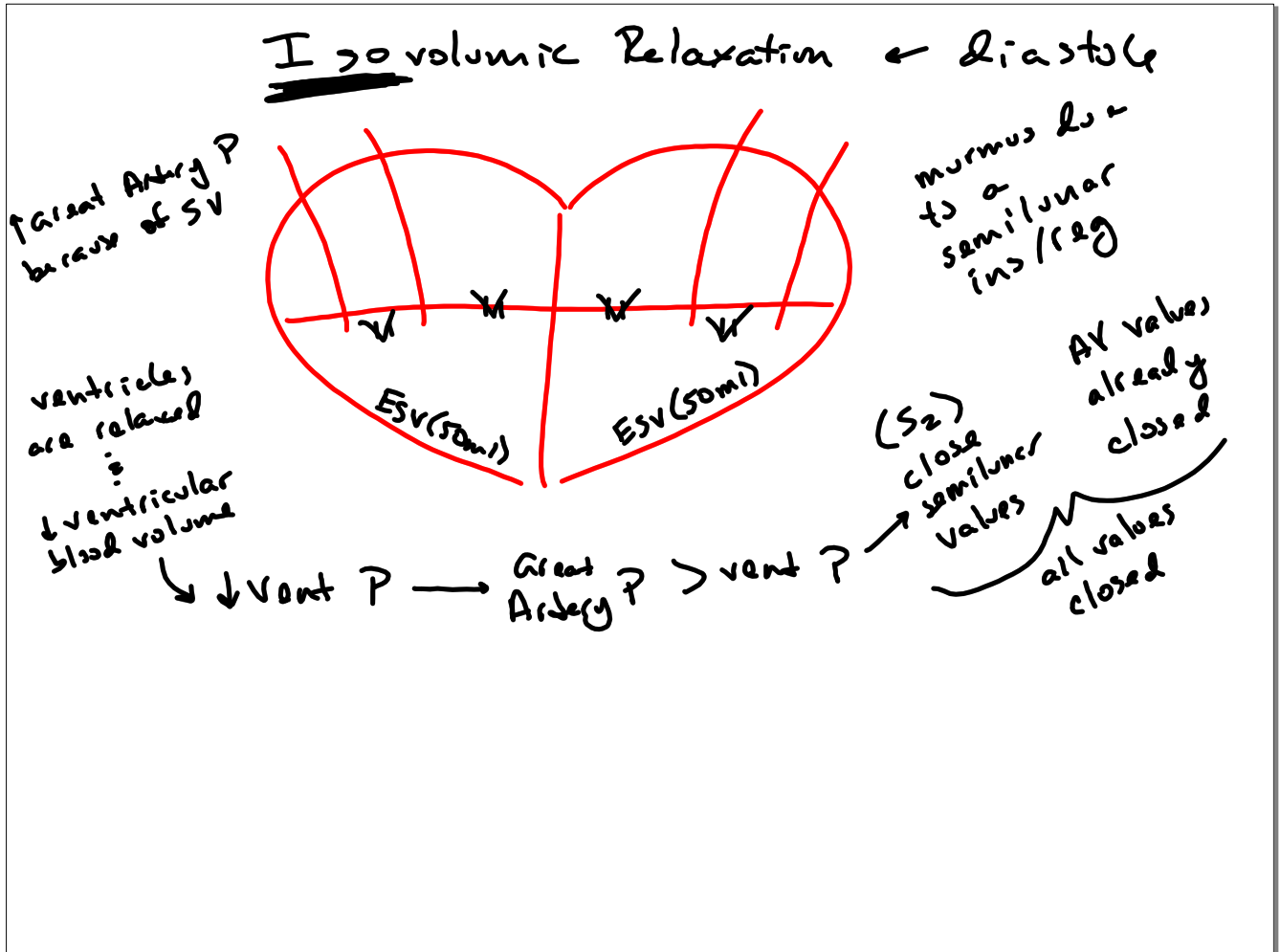
$$E.F. = \frac{SV}{EDV} \cdot 100$$

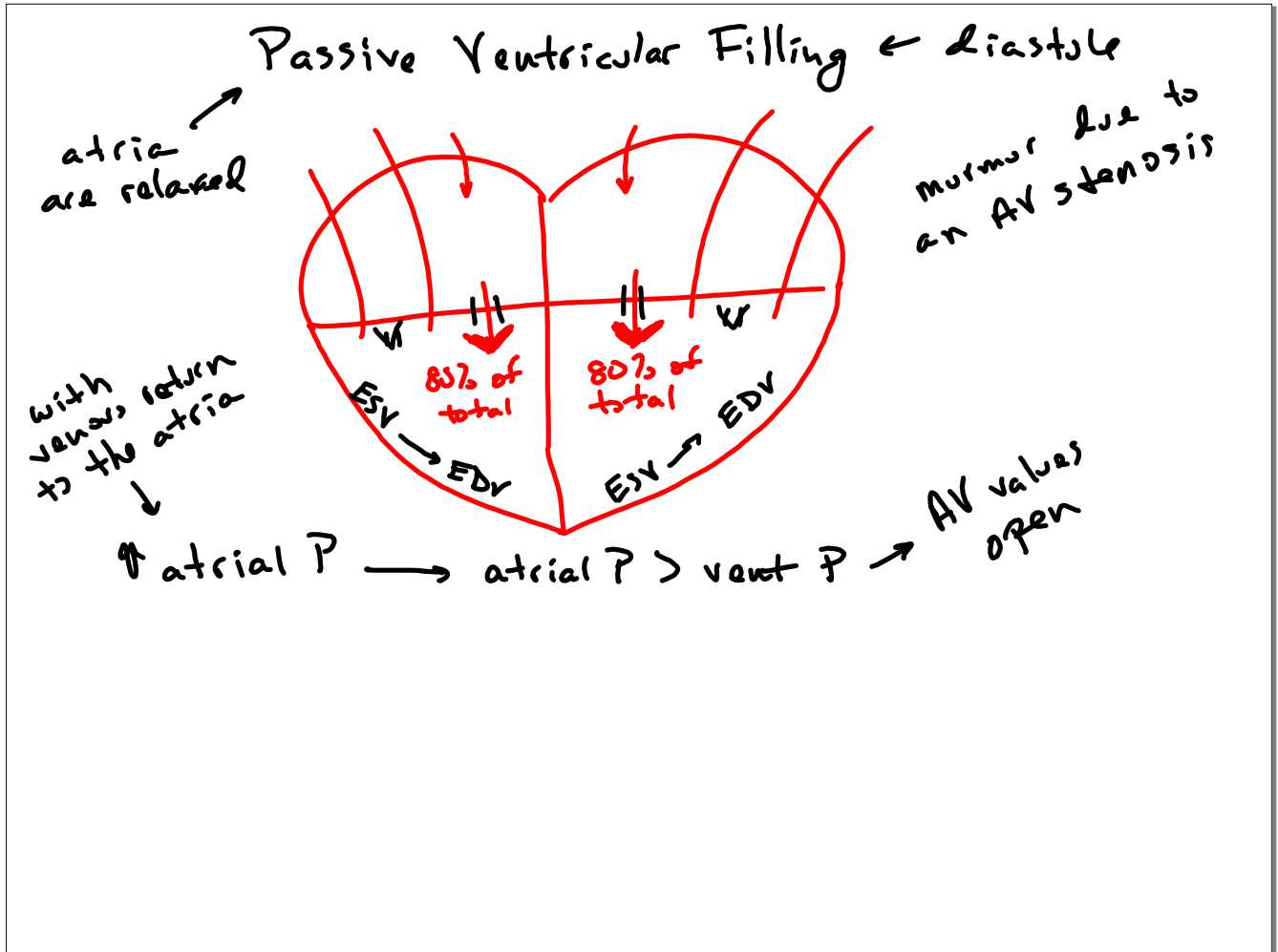
an E.F. greater than  
50% is normal

\* E.F. is an indicator of how healthy the heart is

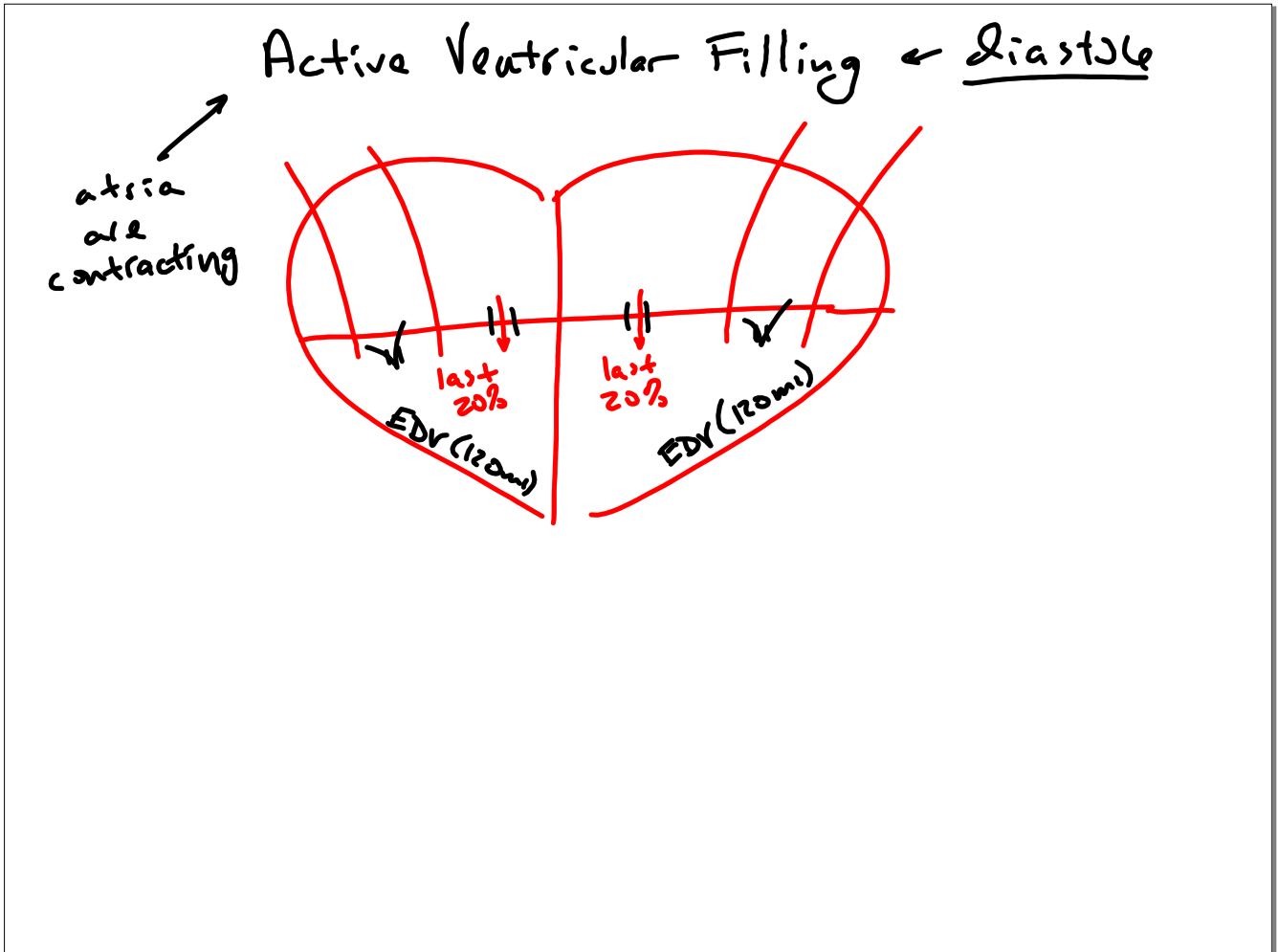
\* Unhealthy heart (i.e. heart failure)  
↳ weak heart muscle

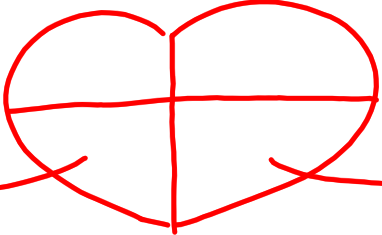
$$\begin{aligned} \text{E.F.} &= \frac{30\text{ml}}{120\text{ml}} \cdot 100 \\ &= 25\% \end{aligned}$$











(cardiac output)  
~ 5L blood /min

(cardiac output)  
~ 5L blood /min

$$CO = HR \times SV$$
$$= \frac{70 \text{ beats}}{\text{min}} \times \frac{70 \text{ ml blood}}{\text{beat}}$$
$$= 4,900 \text{ ml blood /min} \rightarrow \sim 5 \text{ L blood /min}$$

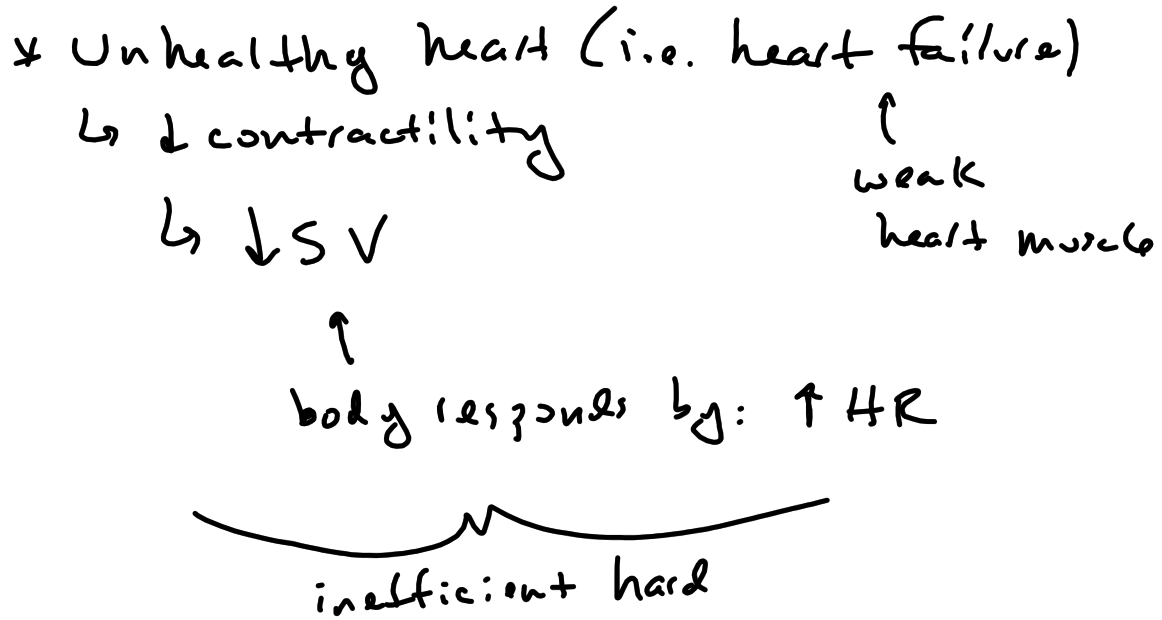
\* Efficient Heart :

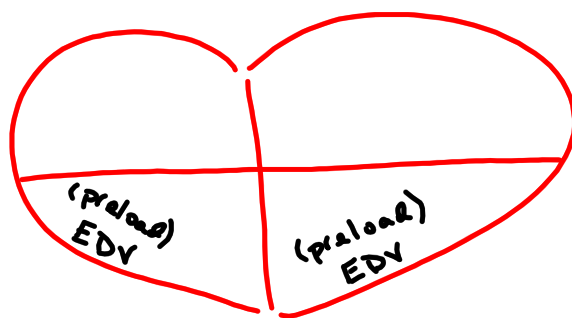
↓ HR    &    ↑ SV

→

$$CO = \frac{50 \text{ beats}}{\text{min}} \times \frac{100 \text{ ml blood}}{\text{beat}}$$
$$= 5 \text{ l/min}$$

- \* Positive inotrope is something that causes an increase in heart contractility ( $\uparrow SV$ )
- \* Negative inotrope is something that causes a decrease in heart contractility ( $\downarrow SV$ )
- \* Positive chronotrope is something that causes an increase in heart rate
- \* Negative chronotrope is something that cause a decrease in heart rate



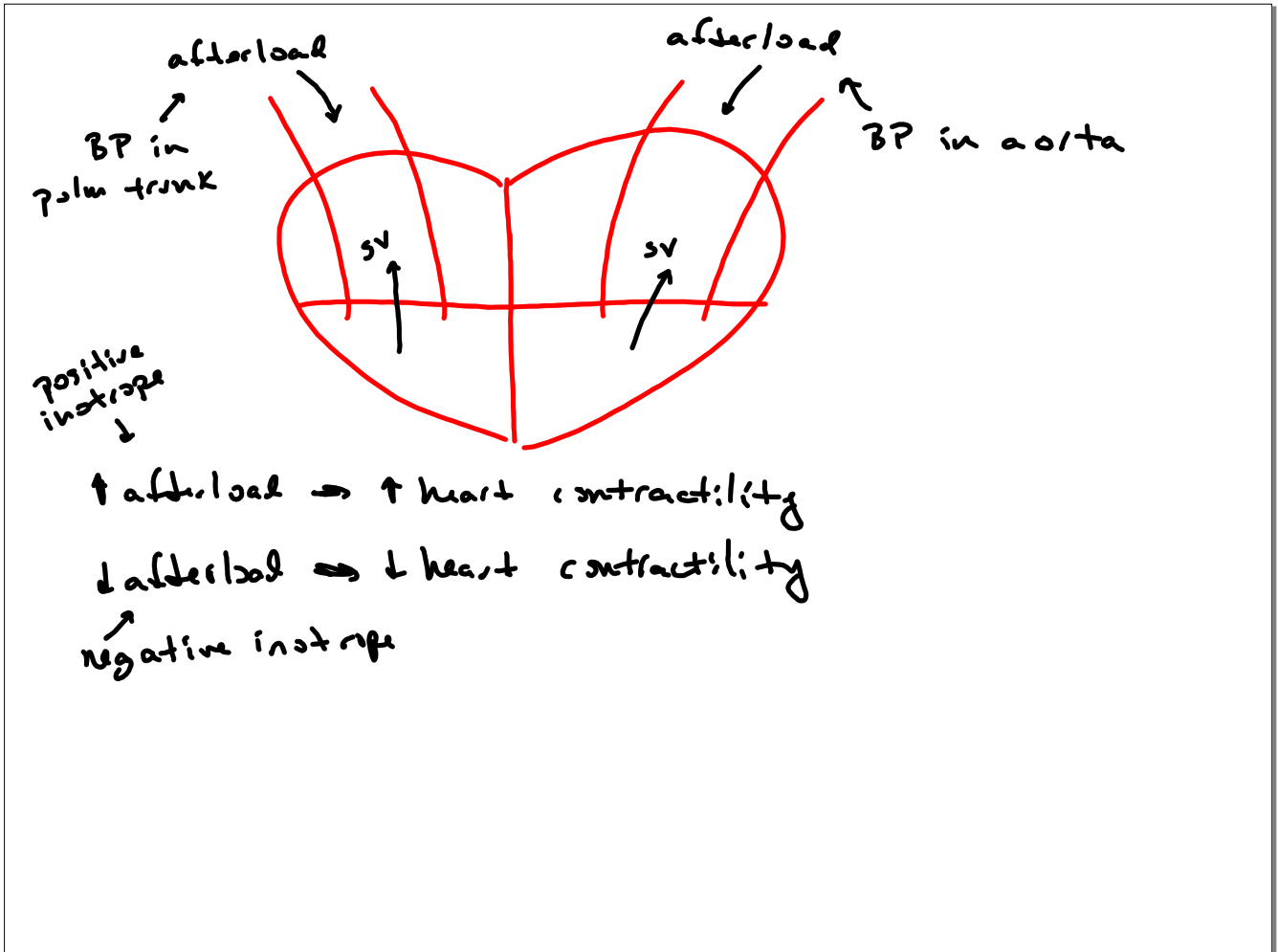


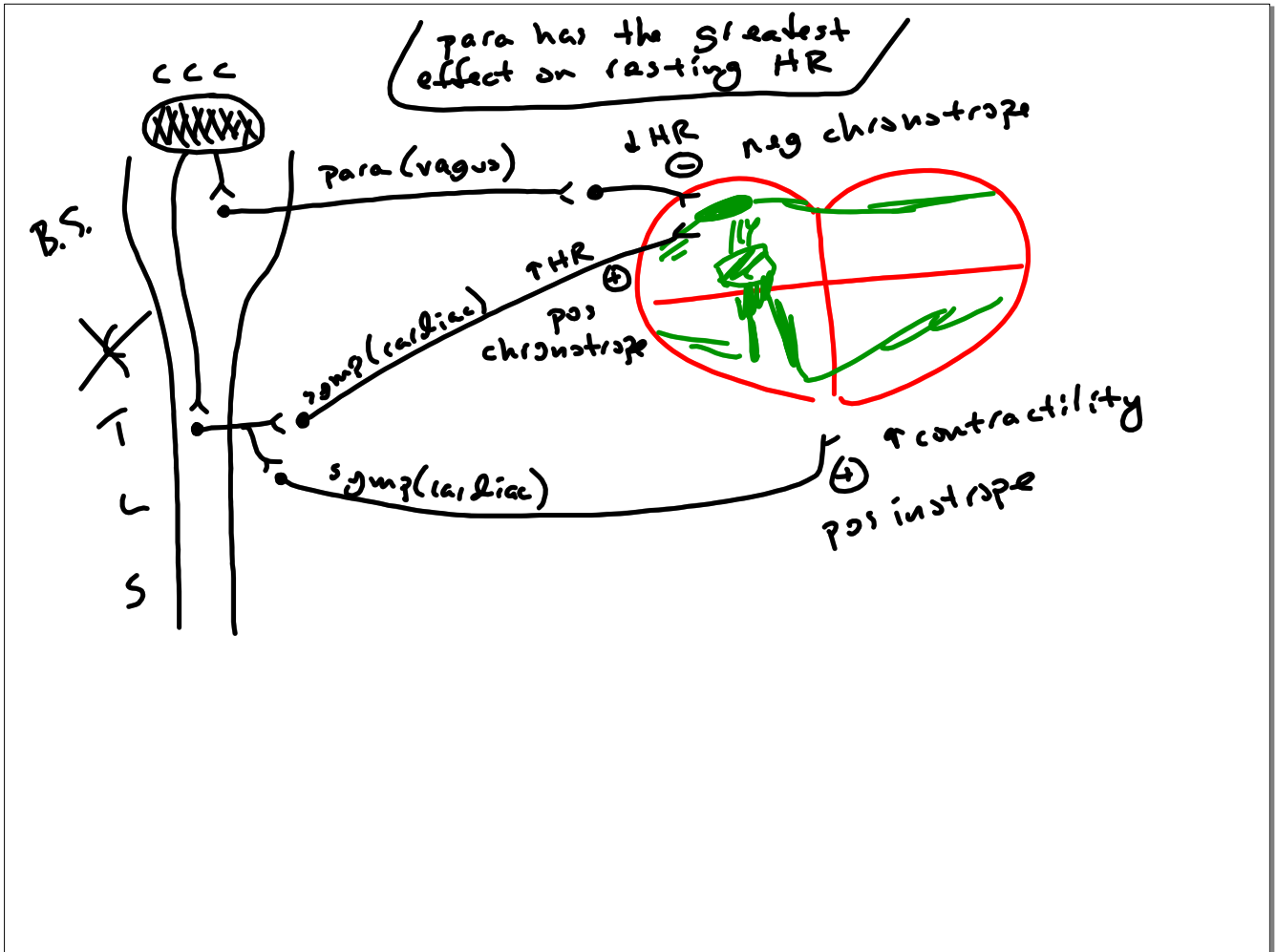
positive inotrope  
↓

↑ preload → ↑ contractility → ↑ SV

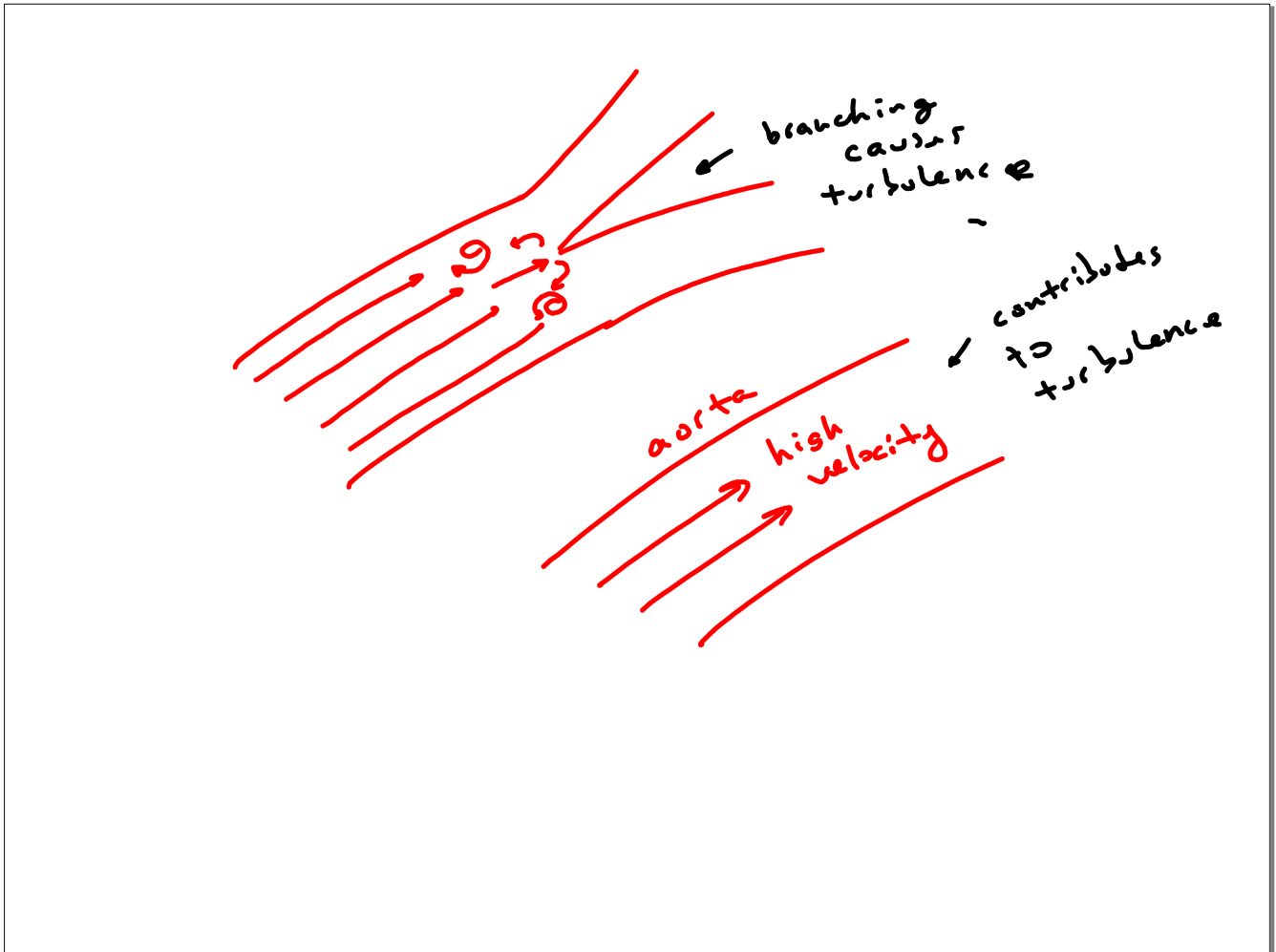
↓ preload → ↓ contractility → ↓ SV

↑  
negative inotrope









$$\text{Fluid Flow} = \frac{(P_1 - P_2)}{R} \quad \leftarrow \begin{array}{l} \text{pressure} \\ \text{gradient} \end{array}$$

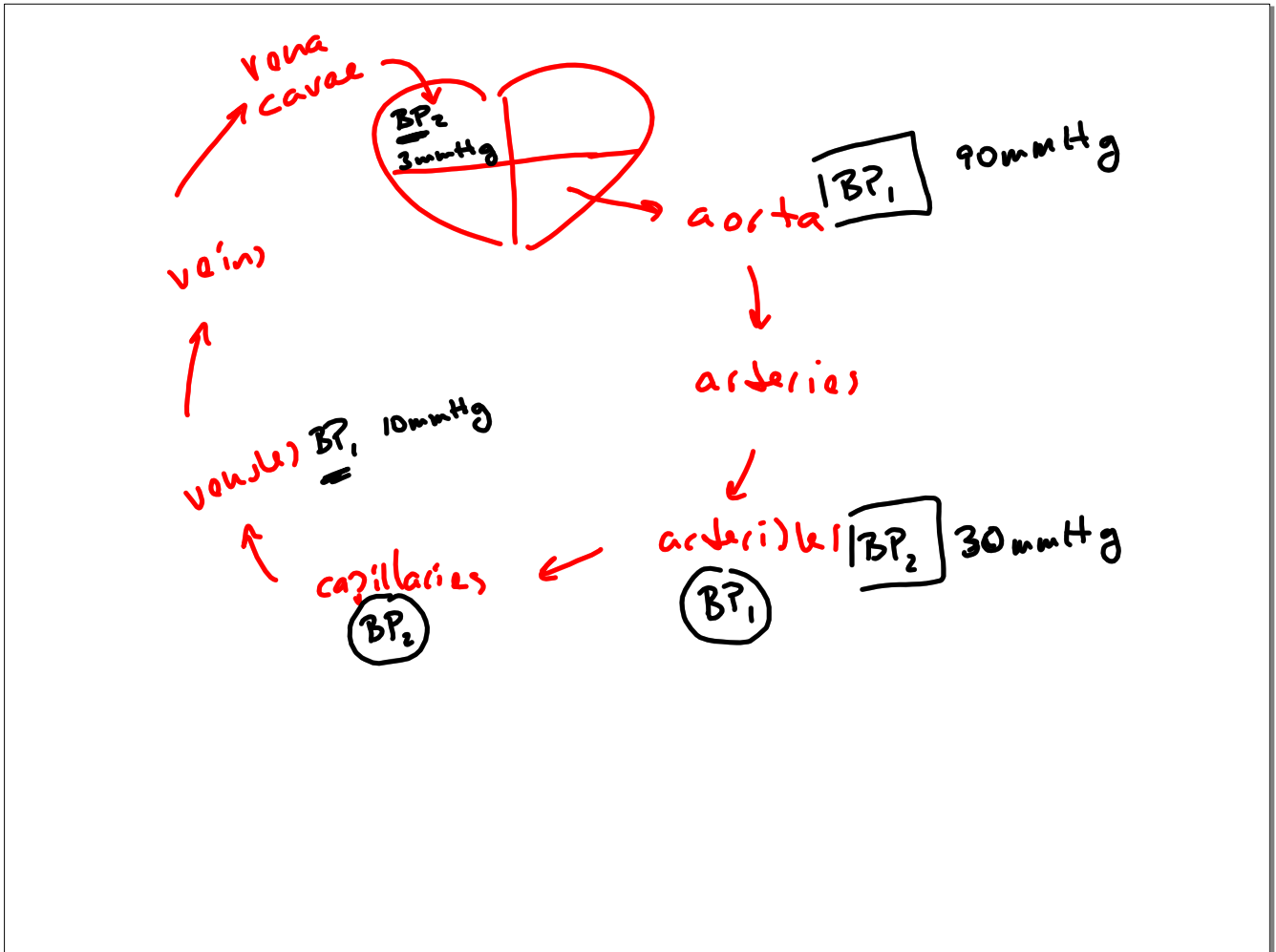
---

$$\text{Blood Flow} = \frac{(BP_1 - BP_2)}{R}$$

$$R \sim \frac{\eta}{r^4}$$

$\eta$  = viscosity of blood

$r$  = radius of blood vessel



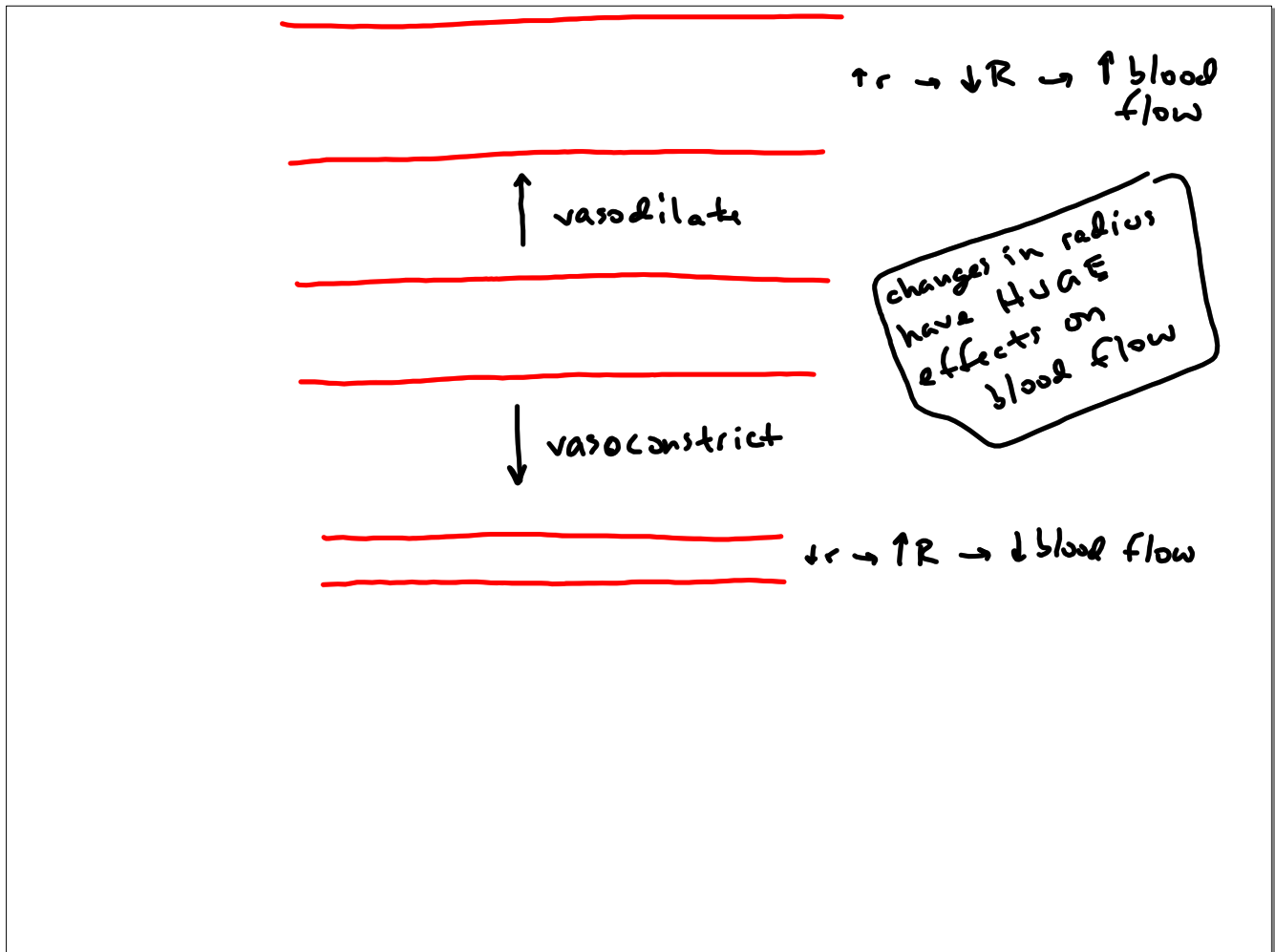
$\uparrow (BP_1 - BP_2) \rightarrow \uparrow \text{blood flow}$

$\downarrow (BP_1 - BP_2) \rightarrow \downarrow \text{blood flow}$

If BP in arterial system is too low

↳  $(BP_1 - BP_2)$  is too small

↳  $\downarrow \downarrow \text{blood flow} \leftarrow \text{risk organ failure}$



$\uparrow$  viscosity  $\rightarrow$   $\uparrow$ R  $\rightarrow$   $\downarrow$  blood flow

$\downarrow$  viscosity  $\rightarrow$   $\downarrow$ R  $\rightarrow$   $\uparrow$  blood flow

\* What affects blood viscosity the most?

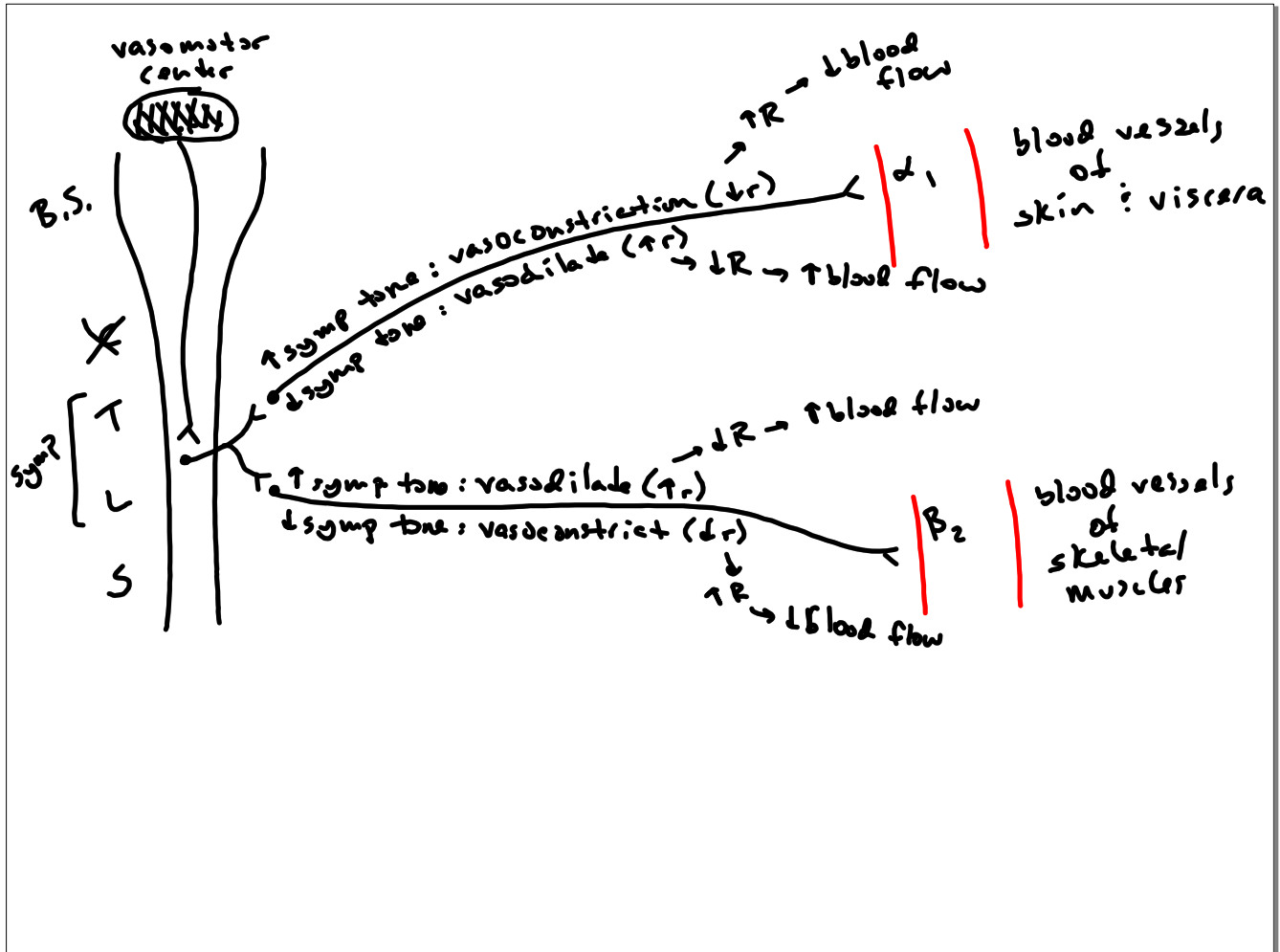
viscosity  
(thickness)

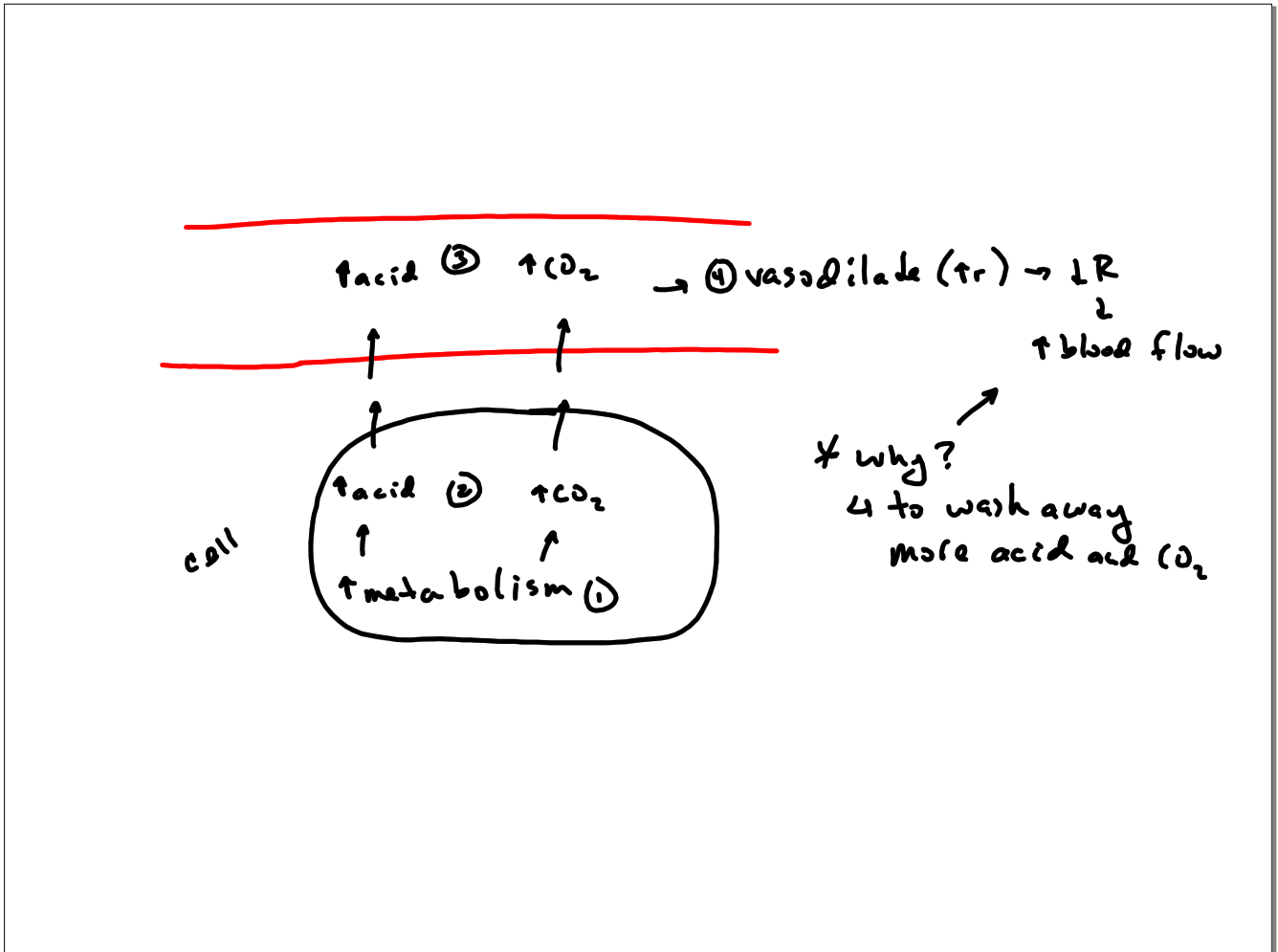
$\hookrightarrow$  Hct

-  $\uparrow$  Hct  $\rightarrow$   $\uparrow$  viscosity

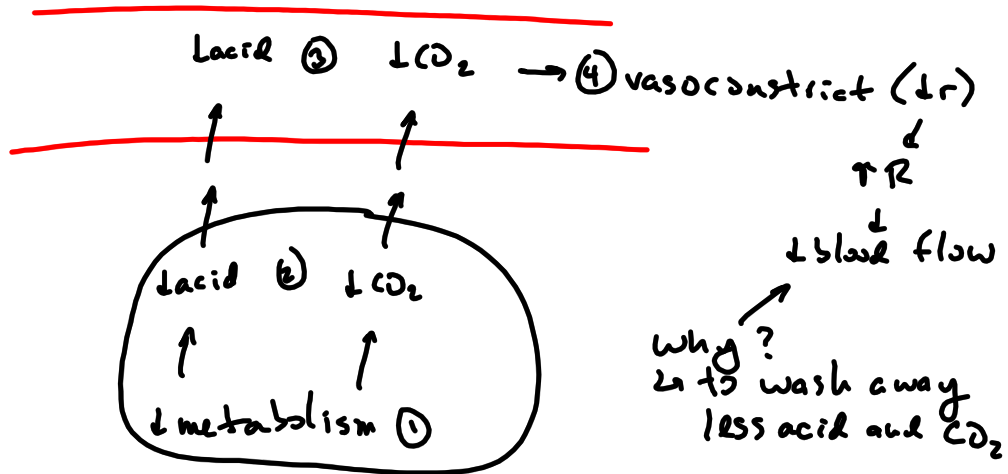
-  $\downarrow$  Hct  $\rightarrow$   $\downarrow$  viscosity

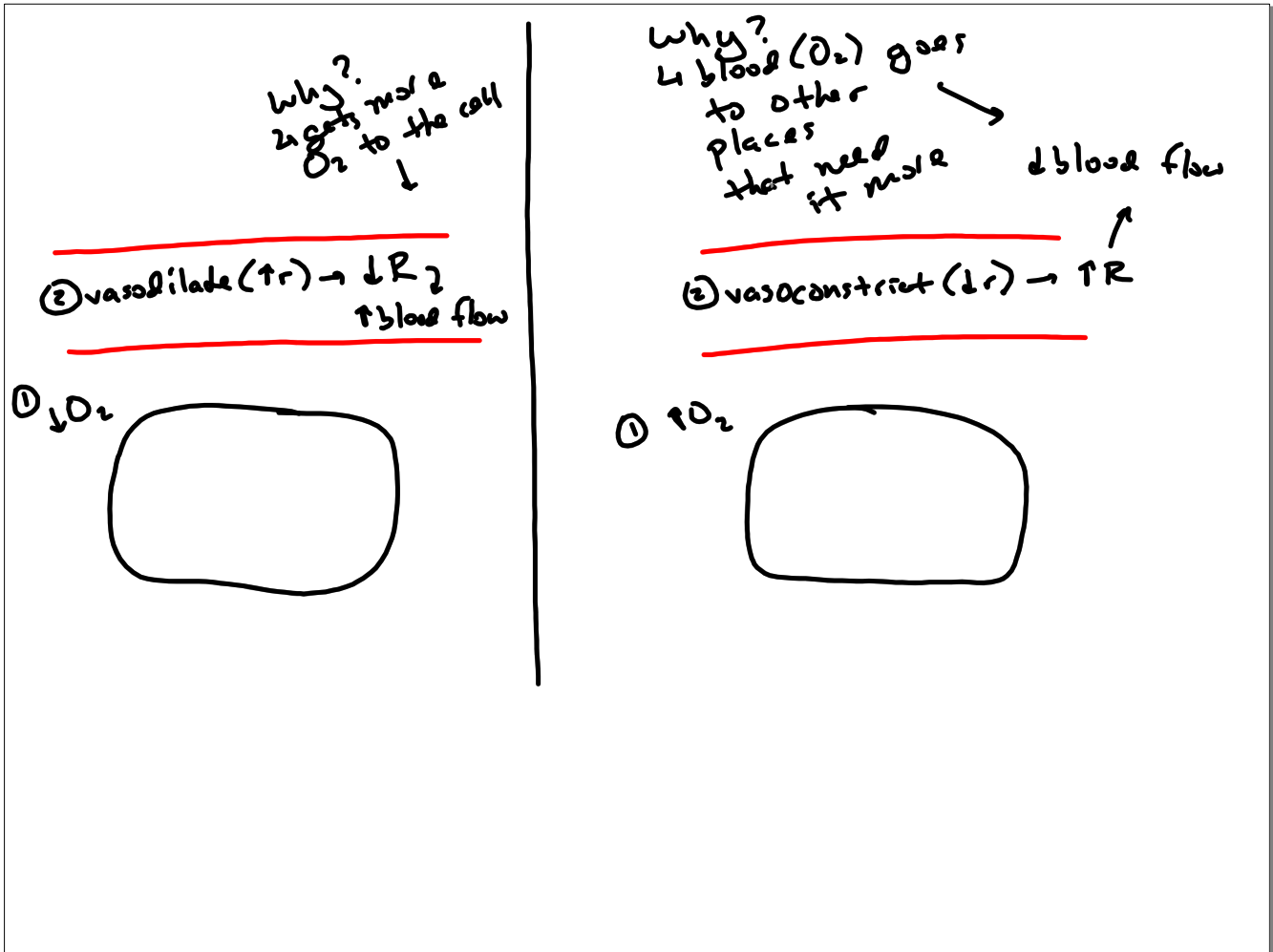
polycythemia











\* systolic P : pressure during systole

\* diastolic P : pressure during diastole

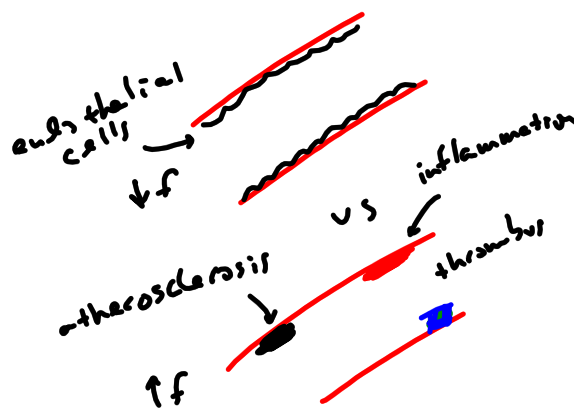
$$BP = \frac{110 \text{ mmHg} \leftarrow}{70 \text{ mmHg} \leftarrow}$$

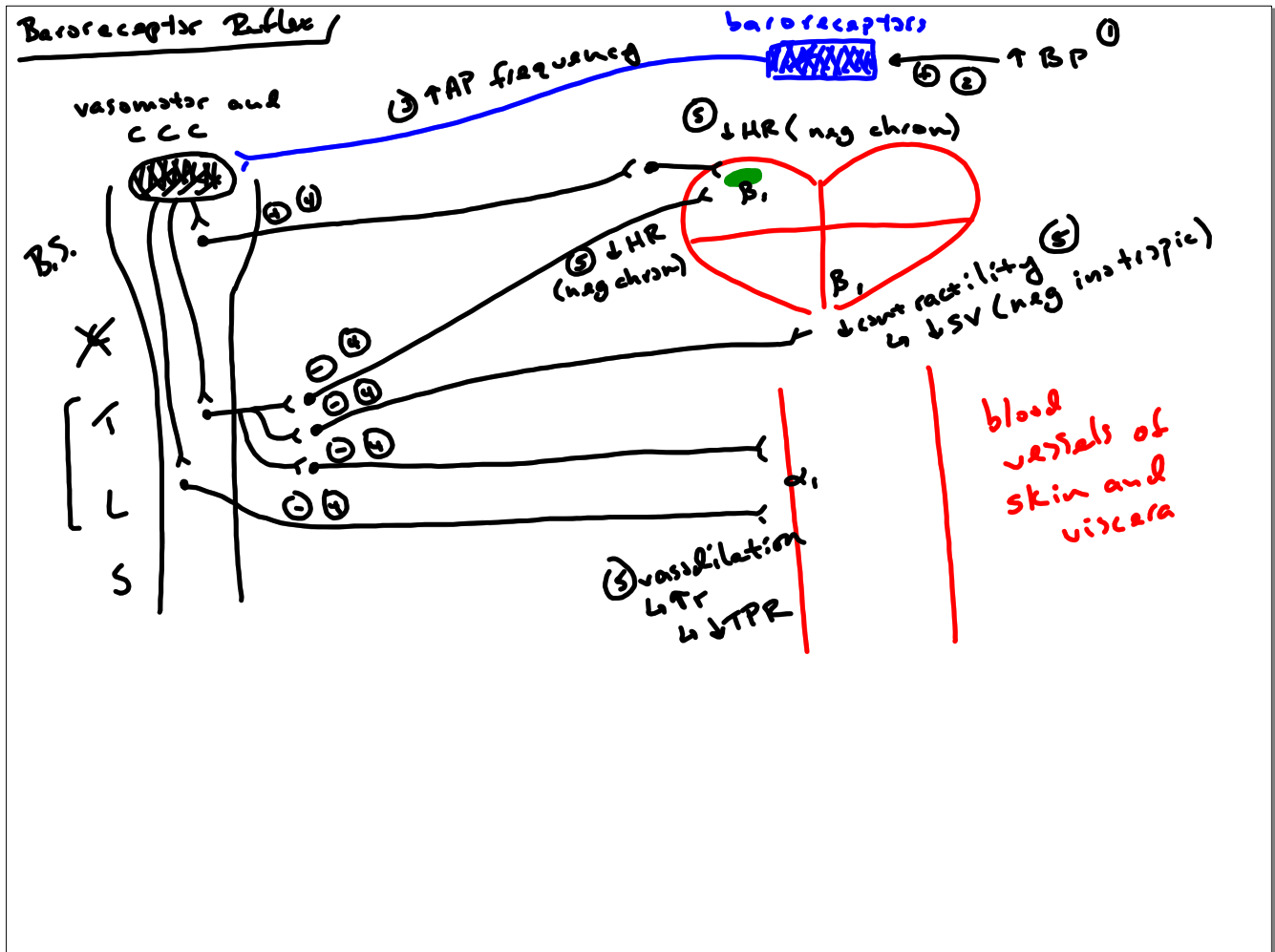
\* pulse pressure = (systolic P) - (diastolic P)

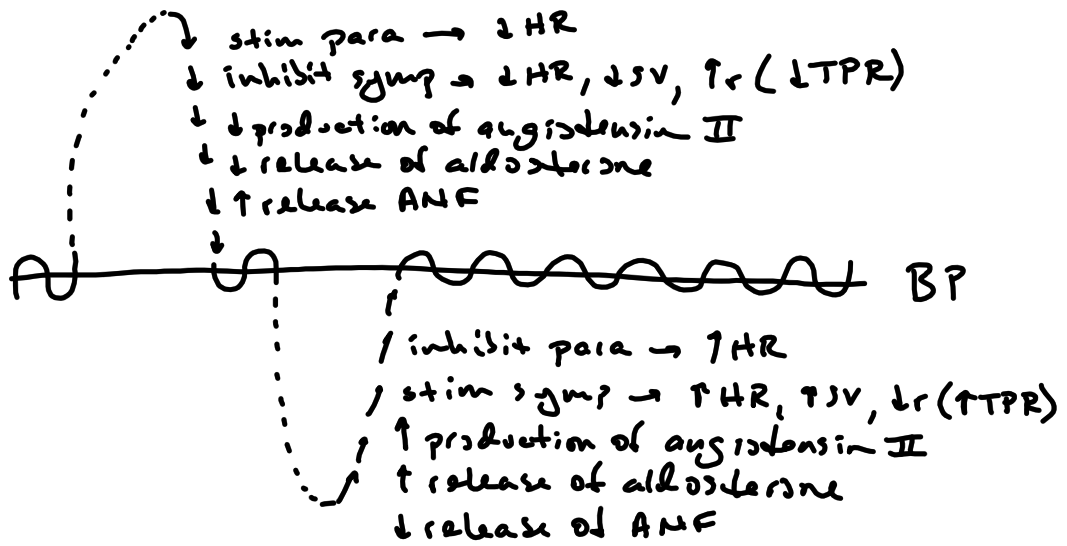
$$= 110 \text{ mmHg} - 70 \text{ mmHg}$$

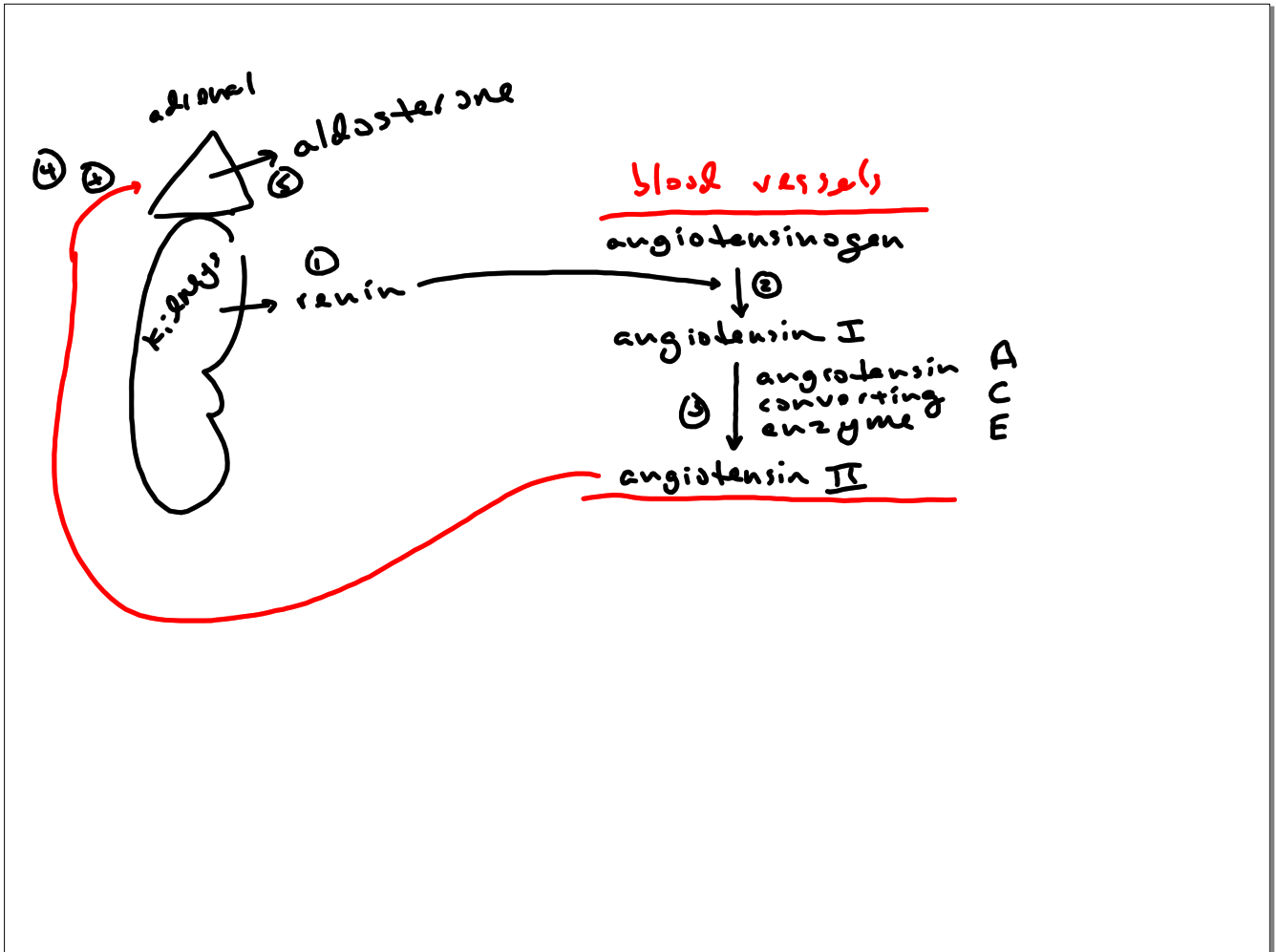
$$= 40 \text{ mmHg}$$

$$\begin{aligned}
 \text{MAP} &= (\text{CO}) \times (\text{TPR}) \\
 &= (\text{HR}) \times (\text{SV}) \times \left(\frac{1}{r}\right) \times (v) \times (f)
 \end{aligned}$$









\* Angiotensin II

- ↳ causes release of aldosterone → ↑ blood volume
- ↳ causes vasoconstriction → vasoconstricts
- ↳ causes release of ADH → ↑ blood volume
- ↳ vasoconstriction

\* ↑ production of angiotensin II and ↑ release of aldosterone  
 ↳ ↑ BP

\* ↓ production of angiotensin II and ↓ release of aldosterone  
 ↳ ↓ BP



\* Compliance of blood vessels  
 ↳ how "stretchy" ... how stiff a blood vessel is

\* With normal compliance:

- during systole:
  - ↳ arteries stretch" (↓BP a little)
  - ↳ benefit: ↓
  - ↳ decrease force against walls of blood vessel
- during diastole:
  - ↳ arteries recoil ("snap back") (↑BP a little)
  - ↳ benefit ↓
  - ↳ increase force against walls of blood vessels

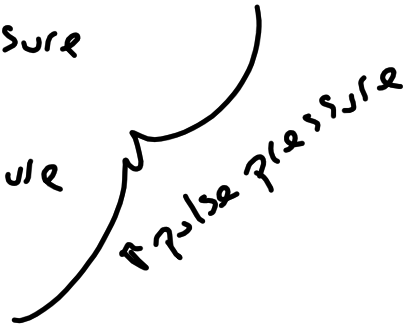
\* ↓ compliance → too stiff

↳ During systole:

↳ ↑ systolic pressure

↳ During diastole:

↳ ↓ diastolic pressure



cause:

↳ arteriosclerosis ← hardening of arteries

\* Weak pulse:

- ↓ compliance (too stiff) ← arteriosclerosis

- ↓↓ BP



\* Stage I hypertension

132<sup>\*</sup>/72

126/86<sup>\*</sup>

134<sup>\*</sup>/82<sup>\*</sup>

\* Stage II hypertension

148<sup>\*</sup>/82

130/92<sup>\*</sup>

152<sup>\*</sup>/96<sup>\*</sup>

\* Symptoms of hypertension:

↳ There are none

"The Silent Killer"